

### Providing Physiotherapy service

# SANGLI CYCLOTHON 2023

Date:26/02/2023

Venue:New English School, Miraj Time:6 am to 11 am





### ARYAN HEART CARE MIRAJ

Near Sortur Hospital, Vantmure Corner, Miraj-Sangli Road, Miraj.-416 410 Dist. Sangli (Maharashtra) Cell : 9423270339

Date - 24/2/2023

To,
The Principal
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy
Sangli

Subject: Request for providing physiotherapy services for the first Sangli Cyclothon 2023

#### Respected Madam,

We are heading forward with the first edition of Sangli Cyclothon on 26th February 2023 (Sunday). It is our request to provide Physiotherapy services for our participants at recovery zone. Looking forward for your participation.

Thanking you in anticipation,

Yours sincerely,

Dr. Riyaj Mujawar

Pharati Vidyapeeth (Decimed to be University) School of Physiotherapy, Sangil - 636 616. Inward No. 169

Date: and and desired



# BHARATI VIDYAPEETH(Deemed to be university) SCHOOL OF PHYSIOTHERAPY, SANGLI.

#### CIRCULAR

BVDU, School of PhysiotherapySangli, is providing Physiotherapy service to SANGLI CYCLOTHON-2023(1st Edition), organized by Aryan Heart Care Foundation.

All the alloted staff and students are here by requested to be present at the respected place at sharp 6:30am.

Day and Date: Sunday and 26/02/2023

Venue: New English School, Miraj

Time: 6:30am-1:00pm

#### Copy to

1. Hon. Regional Director, B.V.(D.U.), Sangli

- 2. Dean, B.V(D.U.) M.C.H, Sangli
- 3.Dy. Dean, B.V (D.U.) M.C.H., Sangli
- 4. Medical Superintendent, B. V (D.U.) M.C.II., Sangli
- 5. Dy. Medical Superintendent, B.V (D.U.) M.C.H., Sangli.
- 6. All Notice Boards (College and Department)

Dr. Sneha Katke

PRINCIPAL
Bharati Vidyapeoth
(Deemed to be University)
School of Physiotherapy,

School of

Sangli - 416 416.



# BHARATI VIDYAPEETH (Deemed To Be University) SCHOOL OF PHYSIOTHERAPY, SANGLI

#### ACTIVITY REPORT

Title of program/event/course/activity	Sangli Cyclothon 2023	
Objective/s of program	<ol> <li>To create awareness on importance of Cycling as a fitness measure.</li> <li>Providing Physiotherapy post Cycling and its importance to participants.</li> </ol>	
Date and Time of program	26thFebruary, 2023 6:00 am – 11:00 am	
Venue	New English School, Miraj	
Organized by	BVDU School of Physiotherapy, Sangli	
If organized in collaboration, name of external institute/body/agency/hospital	Nil	
Program approved by Dean/Principal/HOD/University	Dr. Sneha V. Katke (Principal)	
Name of Program Co-ordinator	Dr. Vishaghkumar Nair	
Name of Supporting staff	Dr. Sachin Shetti	
Name of Speaker/ Guest speaker	Nil	
Vote of thanks presented by	Nil	
Photograph/video available	Yes (photograph)	
Nature of photo submission [Hard/soft copy]	Hard and Soft copy	
No. of Participants / Volunteers	12	
No. of Beneficiaries	2000	



Bharati Vidyapeeth (Deemed to be University) School of Physiotherap 1, Sangli - 416 416.



## BHARATI VIDYAPEETH (Deemed To Be University) SCHOOL OF PHYSIOTHERAPY, SANGLI

Brief about the program/ activity/event:

On 26<sup>th</sup> February 2023, Sangli district arranged an event 'Sangli Cyclothon 2023' to motivate the citizens to adopt cycling as a fitness measure. The event included 100 km of Cycling wherein a total of 2000 participants were seen gracing the event sportingly. The event started from New English School, Miraj from 6am to 11 am. Bharati Vidyapeeth (Deemed to be University) School of Physiotherapy, Sangli provided Physiotherapy post cycling to all the participants. Dr. Vishaghkumar Nair (Asst. Prof, BVDUSOP, Sangli) and students from 1<sup>st</sup> B.P.Th actively worked in providing relentless physiotherapy to avoid any post cycling injuries. He addressed various problems faced by the participants and helped them with the same. Students of 1<sup>st</sup> B.P.Th provided stretching to all the participants. Theirpositive feedback to this post cycling care motivated the students to do their best. The event organizers felicitated Dr. Sneha Katke (Principal, BVDUSOP, Sangli) on providing excellent care to each participant and thanked the team for giving the muchneeded support to participants. This event was smoothly conducted under the guidance of Dr. Sneha Katke because of which her team delivered the best recovery treatment after Cycling.

\*Please tick the Criterion for the activity:

Criterion I	C			
Criterion V	Criterion II Criterion VI	Criterion III	Criterion IV	
		Criterion VII	Link	

Program co-ordinator

Principal PRINCIPAL Bharati Vidyana

Bharati Vidyapeeth (Deemed to be University) School of Physiotherapy, Sangli - 416 416.



## BHARATI VIDYAPEETH (Deemed To Be University) SCHOOL OF PHYSIOTHERAPY, SANGLI

# PHYSIOTHERAPY SERVICES SANGLI CYCLOTHON 2023(1st Edition)









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### BHARA'II VIDYAPEETH (DEEMED TO BE UNIVERSITY) SCHOOL OF PHYSIOTHERAPY, SANGLI.

#### ATTENDANCE SHEET

ACTIVITY: Sangli Cyclothon 2023 DATE: 26-02-2023.

	DARFICIDANTS	SIGNATURE
SR. NO.	NAME OF THE PARTICIPANTS	Abol
01	Dr. Visheghkunnar Vair	Alus
62	or Arundhati Numbalkar	Shipk
03	Shardul Kharldonde	Sidohasth
01,	Siddharth Khadilkar	Gradyumas
05	Pradyumna Yadar	a Grand William Control
06	Pranay Pandhare	
67	Tanmay Kashid	Justid
08	Shubham Pawar	die
09	Amina Bangi	Asang
(0	Thalak Doskii	1 Apont
11	Sanika Mane	Smare
12	voishnavi Patil	Ruit:
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